



Event day checklist

Have you got everything you need for the big event? Check out our list below to help you get prepared, so you can go the distance for #TeamSamaritans.

Event day guide with map and arrival instructions

Your Samaritans cycling jersey

Your race number – with safety pins!

Your bike helmet

Your cycling gloves

Your cycling shorts or leggings

Your sunglasses

Your water bottle or sports drink

Snacks (for before and after your event)

Shared your fundraising page?

Extras (if you need to add your own!):

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Final Tips

The start line is just around the corner! We would recommend sharing an update on social media with a photo before and after your event has taken place, eg, a photo of your cycling kit before and a medal selfie after, along with a link to your fundraising page.

